

TIMELESS ADVICE

FOR RAISING GRATEFUL KIDS



Assign Regular Chores

Kids understand equity and otherness when they contribute meaningfully to the family, understanding give and take, and responsibility to others.



Value Personal Connection

Encourage handmade gifts, heartfelt notes, or time with others over expensive gifts, the newest gadgets, or passing fads.

Model Gratitude

Regularly thank others and reflect on your blessings. Help kids learn to say, "Thank you" and "You're welcome" to others.



Serve Others

Let your kids experience serving others by donating toys, making cookies for neighbors, helping the elderly, or volunteering.

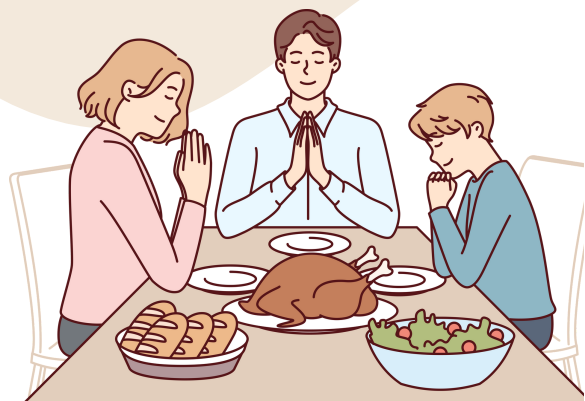
Develop Curiosity

Limit and rotate toys to avoid entitlement and boredom. Play board games, do puzzles, and allow non-tech time to foster creativity, natural entertainment, and imagination.



Pray Together

Use meal time, bedtime, and other times throughout the week to pray with your child, including prayers of gratitude for what has happened in the day or ways you saw God's protection, love, or care.



Delay Gratification

Contentment develops when we are comfortable waiting for something we hope for or anticipate. Delaying gratification for needs or wants develops a deeper appreciation for the item, achievement, or experience.

