

Full Bio:

Brenda Yoder is a national speaker, author, Licensed Mental Health Counselor, and life coach whose passion is encouraging others when life doesn't fit the storybook image. Authentic and humorous, Brenda connects with women and moms in a way that will have you laughing and crying all at the same time.

Her new book, *Fledge: Launching Your Kids Without Losing Your Mind* is a personal handbook for parents in the season of raising and releasing kids. It's been endorsed by Jim Daly of Focus on the Family and was Amazon's #1 new release in motherhood. Brenda's been featured in *Chicken Soup for the Soul* books: *Reboot Your Life* and *Confident and Curvy*; the *Washington Post*, and *For Every Mom*. Her first book for busy moms, *Balance, Busyness, and Not Doing It All* released in 2015.



Brenda is also former teacher and school counselor and was twice awarded the Touchstone Award for teachers. Her ministry, *Life Beyond the Picket Fence*, is found at brendayoder.com where she writes about faith, life, and family beyond the storybook image. Brenda is a wife and mom of four children, ranging from teens to adults, and lives on a farm in Indiana. You can connect with Brenda on [Twitter](#), [Facebook](#), [Pinterest](#), and [Instagram](#). Join her [Facebook page](#) to follow the Fledge Parent Forum for moms releasing their kids.

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